

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meals On Wheels ONLY</b>	<b>Meals On Wheels ONLY</b>	<b>Meals On Wheels &amp; Drive Thru</b>	<b>Meals On Wheels &amp; Drive Thru</b>	<b>Meals On Wheels &amp; Drive Thru</b>
<b>6</b> <b>FROZEN</b>  <b>Banana</b> <b>NutriGrain bar</b> <b>(Blueberry)</b>	<b>7</b> BBQ Pulled Pork (P) Baked Beans Succotash Corn Bread Green Salad/Ranch Tangerine	<b>8</b> Chicken Skewer (C ) Herb Couscous Romesco Sauce Hummus Grilled and Chilled Vegetables Cantaloupe Pita	<b>9</b> Sweet Potato & Black Bean Enchilada Spanish Rice Escabeche Roasted Squash Tangerine Tres Leche Cake*	<b>10</b> <b>FROZEN</b>  <b>Cucumber Salad</b> <b>Mixed Berry Crisp</b>
<b>13</b> <b>FROZEN</b>  <b>Applesauce Cup</b> <b>WW Roll/Butter</b>	<b>14</b> Korean Beef Rice Bowl (B) Broccoli Vegetable Spring Roll Asian Slaw Grapes Rice Pudding	<b>15</b> Herb Roasted Chicken (C ) Mashed Potato w/ Gravy Summer Vegetable Blend Chilled Roasted Apples Garlic Roll/Butter Carrot Cake*	<b>16</b> Vegetable Pizza(V) Caesar Salad Fruit Cocktail Tapioca Pudding*	<b>17 HAPPY FATHER'S DAY</b> <b>FROZEN</b>  <b>Blueberry Cobbler</b> <b>WW Roll/Butter</b>
<b>20</b> <b>FROZEN</b>  <b>Pear</b> <b>Graham Cracker</b>	<b>21</b> Shepherds Pie (B) Squash Coleslaw WW Roll/Butter Butterscotch Pudding*	<b>22</b> Chimichurri Chicken Drumstick(C ) Rice Pilaf Stuffed Pepper Spinach Salad w/Egg, Bacon, Onion, Poppy Seed Dressing Grapes Brownie*	<b>23</b> Chef's Choice	<b>24</b> <b>FROZEN</b>  <b>Cucumber Salad</b> <b>Orange</b> <b>Coffee Cake*</b>
<b>27</b> <b>FROZEN</b>  <b>Apple</b> <b>Banana Bread</b>	<b>28</b> Bratwurst/Roll (P) Peppers, Onions & Mushrooms Ketchup, Mustard, Mayo Potato Salad Kiwi	<b>29</b> Chicken Souvlaki (C ) Roasted Beets & Sweets Quinoa Tabouli Tazaki Watermelon Salad Lemon Bar*	<b>30</b> Tuscan Harvest Soup (B) Roasted Brussels Three Grain Salad Tangerine Flatbread crackers	<b>July 1</b> <b>FROZEN</b>  <b>Grapes</b> <b>Chocolate Chip Cookie*</b>
<b>CLOSED</b>  		<p align="center"><b>Meal Site Coordinator</b>  <b>Emily Wells</b>  <b>541-797-9367</b></p> <p align="center">Sisters Community Church            1300 McKenzie Highway            Sisters, OR 97759</p>	<p><b>IN PERSON DINING</b>            11: 00 Social Hour            11: 30 Activities            12:00-12:30 Lunch</p> <p><b>DRIVE THRU</b>            12:30-1:00 Lunch</p> <p><b>Menu Subject to Change.</b></p>	<p align="center"><b>HAPPY</b>  <b>FATHER'S</b>  <b>DAY</b></p> 

B = Beef C = Chicken F = Fish P = Pork T = Turkey V = Vegetarian \* = sugar free option available

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